

STARTING DATE:						
TO-DO			TO-DO			NOTES
Monday	Tuesday	Wednesday	Thursday	Friday		
7	7	7	7	7		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
8	8	8	8	8		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
9	9	9	9	9		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
10	10	10	10	10		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
11	11	11	11	11		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
12	12	12	12	12		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
13	13	13	13	13		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
14	14	14	14	14		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
15	15	15	15	15		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
16	16	16	16	16		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
17	17	17	17	17		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
18	18	18	18	18		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
19	19	19	19	19		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		
20	20	20	20	20		
:15	:15	:15	:15	:15		
:30	:30	:30	:30	:30		
:45	:45	:45	:45	:45		